WE LOVE OAKLAND 2.5 DAYS BY BIKE © © ®BIKABOUT Friday- 3 miles MARKET ICE CREAM LEGEND FRIDAY BICYCLE COFFEE 364 2nd St AKLAND MUSEUM OF CALIFORNIA 1000 Oak St A FOX THEATER 1807 Telegraph Ave 2 SHANDONG RESTAURANT 328 10th St #101 3 SATURDAY BLUE BOTTLE COFFEE 300 Webster St 4 GRAND LAKE FARMERS MARKET B MARIBEL & ARIZMENDI BAKERY 3251, 3265 Lakeshore Ave 5 THE PERGOLA AT LAKE MERRITT 6 LAKE MERRITT BOATING CENTER HEINOLD'S 48 Webster St 7 SUNDAY

SUBROSA COFFEE 419 40th St 8
MOUNTAIN VIEW CEMETERY 5000 Piedmont Ave

FENTONS CREAMERY 4226 Piedmont Ave 9

MERCY VINTAGE 4188 Piedmont Ave 10

JACK LONDON FARMERS MARKET

JRBAN UNIVERSITY & KNIMBLE 3237, 3258 Grand Ave



WE LOVE OAKLAND!

Friday- 3 miles Saturday - 6 miles Sunday- 6 miles

WEEKEND ITINERARY FRIDAY

- 1 BICYCLE COFFEE Bicycle Coffee roasts quality coffee, grown by sustainable farms and delivers it by bicycle. Need I say more? They're also at Grand Lake Farmer's Market on Saturdays.
- AOAKLAND MUSEUM OF CALIFORNIA If you're in town for a Friday night, head here for "First Fridays." You'll enjoy delicious food trucks (Senor Sigig is a goodie), drinks, fantastic live music, and a family friendly atmosphere. Then head into the museum for 1/2 price adult and free kids gallery admission.
- 2 FOX THEATER This theater, listed on the National Register of Historic Places, opened in 1928 and ran films until 1970. It was refurbished and reopened in 2009 as a concert venue. The architecture is phenomenal.
- 3 SHANDONG RESTAURANT Best Chinese restaurant in the East Bay. Don't just take my word for it, it recently won Best Chinese Restaurant in Oakland by East Bay Express. This place is known for its hand made noodles and dumplings.

SATURDAY

- 4 BLUE BOTTLE COFFEE Enjoy local coffee at the peak of its flavor at Blue Bottle. Blue Bottle is expanding, but this Webster St location opened in 2009. On Sundays, there's free public coffee tastings and a "How to Brew" series.
- BGRAND LAKE FARMERS MARKET If you're in town on a Saturday, the Grand Lake Farmers Market is a must! Family, pet and bike friendly, with a large, diverse vendor list. This market wins best farmers market of the East Bay year after year! You won't be disappointed.
- 5 MARIBEL This small consignment boutique offers high-ticket designer items, with great bags, boots and shoes. There's a 50% off rack in the back.
- Show your helmet for 10% off. There's also a great bike corral across the street.

 Stop in for a mobility and Complete Streets, she's fresh, local pizza, soup or salad of the day. Then grab a cookie or scone for the road.

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 Area by bike, foot and transit with he
- 6THE PERGOLA AT LAKE MERRITT A favorite, local hangout. Come here to witness all that is fabulous about Oakland: Lake Merritt, the city skyline, cultural diversity, and the young and old running, strolling, dancing, slack-roping and grilling. Twitter @multimodalmom.
- LAKE MERRITT BOATING CENTER Rent a kayak, canoe or sailboat at this recently renovated community boating center. This is a great way to see Oakland from the water.
- HEINOLDS' Have a beer or cocktail on the water at this 1883 bar that was built from the remnants of an old whaling ship. Heinolds' pub introduced Oakland native Jack London to the sailors and adventurers that influenced his writing, which is why it's nickname is Jack London's Rendezvous

SUNDAY

- DJACK LONDON FARMERS MARKET If you're in town on a Sunday, don't miss the Jack London Square's Farmer's Market. Located along the Bay Trail, this market is a community gem with a great mix of produce and local artisans.
- SUBROSA COFFEE This is great stop for 4 reasons. 1. Good local, strong coffee. 2. Beautiful crowdfunded parklet out front with bike parking. 3. Located at the corner of a bike boulevard. 4. Next to a bike shop if you need air or accessories.
- MOUNTAIN VIEW CEMETERY The best and closest spot in Oakland for beautiful Bay views. Immerse yourself in history, beautiful landscape architecture and stunning views from this 226-acre cemetery designed by Frederick Law Olmsted. Don't miss "Millionaire's Row."
- 9 FENTONS CREAMERY If you don't mind a bit of a line (because the ice cream is so good) check out this local mainstay. Its been around since 1984! It's said to be the original birthplace of rocky road ice cream. If you're an ice cream lover, you have to taste Fenton's.
- **MERCY VINTAGE** Boutique offering a selection of vintage clothes & accessories in a 1920s era space
- **DURBAN UNIVERSITY This is my favorite thrift store in the East Bay. urban university is a a nonprofit working to improve the socioeconomic status of impoverished single moms by providing employability training, coaching and employment opportunities. The store has women and men's clothing, home goods and furniture.
- MKNIMBLE One of the biggest consignment shops in Oakland. Large men's and women's sections on both floors, with great, local, natural body products, jewelry and makeup.

ABOUT THE CURATOR



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Kara works as a Planner at the Metropolitan Transportation Commission. When not working on new mobility and Complete Streets, she's usually thrifting or exploring the Bay Area by bike, foot and transit with her husband and their new daughter. She's documenting her experience on Twitter @multimodalmom.